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Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home For Skin, Hair & Body Care: A Step By Step Guide & 70 Simple Recipes For Any Skin Type And Hair Type



Synopsis

Essential Oils Are a Natural and Effective Way to Look beautiful and claim your perfect health! Do you want to find out how to create a healthier lifestyle for yourself and your family by using essential oils? Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home For Skin, Hair & Body Care Step by Step Guide is one of the most complete book on the subject, especially for the beginner. Inside this book you will discover simple recipes for making beauty care products at home , especially for skin care, hair care, lip Care, nail Care, eye care, body care and much, much more! Pick it up Today!

Book Information

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Customer Reviews

It is almost impossible not to recommend a book about Essential Oils, and this book is no exception. Regarding its coverage, the books contain a TON of useful information. Very user friendly, logical from the beginning to the end and very easy to follow. This is a great book, it is well explained and organized. If you want a book about essential oils and essential oil recipes "if you are a beginner like me or pro- I think you will be impressed with this book. I am a very excited and happy customer! This Essential Oils Guide has enlightened me on several Oil Recipes that I have an interest in. Would I recommend this to a friend? YES Conclusion: I am a very excited and happy customer! I will be purchasing this product again in the future! ***Don't go off the star system alone, pay attention to WHY a person either liked or disliked a product. Many products can be used differently from the way the product was intended for. The way you intend to use the

product or what you need to accomplish may not be what the person reviewing it used and rated it for.***I received this product at a discount for my honest and unbiased review. The discount has not influenced or impacted my judgement of this product. I take this seriously and my opinion and experience is my own. I am in no way required by the seller to leave positive remarks about their product. If you have found my product review to be helpful, please thumbs up this review. This will make it easier for others to find this review so they may be helped as well. You certainly don't have to, I don't get anything from it, but I get a good feeling that I helped someone. If you have any questions about my experience with this product, please leave me a comment. Thank you for taking the time to read my review.

I have read this book in its digital format. I think for an e-book there is enough information, however, I read the book for free, and would not want to pay for it - I don't think charges would be reasonable to pay as the information in the book is not that deep. The book has quite a few recipes. However, for me, I am only a beginner with essential oils, so this book doesn't really have that much use as I don't have all of the oils needed for these recipes. I would need to have a whole collection of oils to make any of these recipes. I wish there were more recipes with 1-2 ingredients maximum so that I could actually try the recipes. Other than that, seems like a good book. I do see a lot of value in it, hence my rating - 5 stars. Another peculiar thing I noticed - there are a lot of warnings in the book - don't use too much or you'll get an allergy, see if you get a reaction, too much may cause this and that. As the book is quite thin as it is, having all of these warnings and disclosures kind of makes even less actual content that would be useful for someone trying to learn about these oils. I think maybe one disclosure would be sufficient, having it after each and every oil usage is sort of redundant, and takes away from giving actual advice - we get it that oils are not for everyone, and we should be careful with them, as with any substance we use. Sample was provided free of charge for reading and a review.

This is perfect for me because I LOVE and am OBSESSED with essential oils! I use them EVERYDAY. I use them in my diffusers most of all and then also, in my hair and bath and body. This book is incredible for figuring out ways to use such a thing and has a lot of tips and tricks. My only complaint is that it is in kindle form. If you like my review or any of my other reviews and find then helpful in your purchase of this product please rate it is helpful below I write reviews of the products for purposes of providing an insight on the product quality as well as my own personal experience for those who are interested and how the product works before purchasing it

themselves. I come to for most anything that I could meet in and outside of work. I received this item at a discounted rate in exchange for my unbiased opinion on my review be that discounted free or purchased at full and that has no bearing on my personal experience of the product. Nor does it in adequately reflect the quality of the item in any fashion as expressed in my opinion being negative or positive. I am not affiliated with this company and or any of the companies that I review. I do believe that all items, regardless of personal reviews should be testing on your own for a true personal experience that one cannot obtain through anothers'.

Overall, I really enjoyed this book! It is a bit repetitive at times, but that is good for a learner like myself. It goes over the different skin and hair types, and gives instructions on how to find your own skin and hair type. At first, I didn't see the relevance, but starting in chapter 5, there are a ton of recipes, many of which are hair and skin type specific. I haven't yet given any of the recipes a try (I am still ordering my oils), but I am excited to!A couple of things I wish had been included in this book, but weren't:I have heard that it is not safe to use many essential oils on children under a certain age. While the book did mention in the descriptions of some oils to be safe using around children, I really wish there was a child specific chapter that covered how to safely use oils with children, and which ones to stay away from.I also wish this book had recommended oil brands. It does show how to tell if an oil is mixed (less effective), but I'd prefer to know more about what to stay away from.Overall, this book is a good start on the journey of learning about essential oils. It is simple and easy to read.I received this book for free in exchange for my honest review.

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